

# Feminist Case Conceptualization

Your Name: \_\_\_\_\_

Client ID: \_\_\_\_\_

Date: \_\_\_\_\_

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## BACKGROUND INFO

Age: \_\_\_\_\_

Family background: \_\_\_\_\_

Diversity considerations: \_\_\_\_\_

Sex/gender: \_\_\_\_\_

Medical history: \_\_\_\_\_

Cultural Background: \_\_\_\_\_

Mental health history: \_\_\_\_\_

Other: \_\_\_\_\_

Presenting Issue (s): \_\_\_\_\_

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## POWER ANALYSIS

**Who/what has more power? (mark where the power exists on the continuum)**

Other person/system.....client

**What systems of power might be at play? (circle one or more)**

Medical system    Political system    Education system    Cultural norms    Family system

Legal system    Social constructs    Financial/Economic system    Housing system    Other:\_\_\_\_\_

**What kind of power does this other person/issue have over the client or vice versa? (circle one or more)**

Legitimate power

Role power

Reward power

Expert-knowledge power

Imbalance of Knowledge power

Referent power

Professionalism power

Coercive power

Manipulative power

**Any boundaries being crossed? (circle one or more)**

Physical

Intellectual

Emotional

Sexual

Material

Time

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## THEORY/ TREATMENT PLANNING

**According to Feminist theory and your power analysis, what is cause for client's issues?**

**Goals: Client will....**

**Interventions:**

Build egalitarian relationship

Power analysis

Psychoeducation

Empowerment

Others: \_\_\_\_\_

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